

Psa. 6:0 To the chief Musician on Neginoth upon Sheminith, A Psalm of David.

Psa. 6:1 O LORD, rebuke me not in thine anger, neither chasten me in thy hot displeasure.

Psa. 6:2 Have mercy upon me, O LORD; for I *am* weak: O LORD, heal me; for my bones are vexed.

It sounds like David is feeling desperate, and as I read through the Psalm; maybe he thinks he is quite deserving of the present state of things. He immediately acknowledges YHWH as he cries out to plead for mercy. He knows that the wrath of God is to be greatly feared. He is not asking God not to rebuke or chasten him, just that it not be in anger. He wants mercy. He is sick, and he wants healing. The word for *vexed* implies that it could be a disease that causes the body to tremble—like Parkinson's.

Psa. 6:3 My soul is also sore vexed: but thou, O LORD, how long?

Not only is David sick physically, he also feels sick emotionally. It sounds like he feels like his physical illness is a judgment on sin in his life, and he is distraught in his spirit because he knows that he has displeased his Lord. He wants to know how long this judgment is going to last.

Psa. 6:4 Return, O LORD, deliver my soul: oh save me for thy mercies' sake.

David feels like God has turned His back on him. He wants to again enjoy a position of fellowship with the Lord. He wants to be forgiven. His expectation is based solely on God's mercy.

Psa. 6:5 For in death *there is no remembrance of thee: in the grave who shall give thee thanks?*

David now resorts to human reasoning for why God should answer his prayer. If he dies, he can no longer praise God and honor God and give Him thanks. David is not the only one in scripture to reason with God in such a way; King Hezekiah also did:

Is. 38:18 For the grave cannot praise thee, death *cannot* celebrate thee: they that go down into the pit cannot hope for thy truth.

Psa. 6:6 I am weary with my groaning; all the night make I my bed to swim; I water my couch with my tears.

Psa. 6:7 Mine eye is consumed because of grief; it waxeth old because of all mine enemies.

David holds nothing back. He can't sleep—as opposed to how he felt when he penned Psalm 4.

Psa. 4:8 I will both lay me down in peace, and sleep: for thou, LORD, only makest me dwell in safety.

His nights are spent groaning and weeping. His eyes are tired from all the tears and from constant vigil to avoid his enemies.

Psa. 6:8 Depart from me, all ye workers of iniquity; for the LORD hath heard the voice of my weeping.

Psa. 6:9 The LORD hath heard my supplication; the LORD will receive my prayer.

Finally, David seems to get a grip. He must have made a connection with the Lord. He must have experienced the peace of restored fellowship. He knows that God has heard him and is going to heal him. Now he is able to confidently face his enemies.

It's a wonderful precious time when you are talking with the Lord and you experience that personal heart connection. It's like you can almost sense Him next to you wanting to take you in His arms. Those times are too few and far between for me. Once you have experienced that connection, you want it to happen every time. Oh, how I long for the time when we are with Him forever.

Psa. 6:10 Let all mine enemies be ashamed and sore vexed: let them return *and* be ashamed suddenly.

David is putting his enemies on notice that he is no longer weak and defeated. They should get out of Dodge quickly.

David may have started his prayer to the Lord in despair, but he certainly ended on a victorious note.