

**Psalms 40:0 ¶ To the chief Musician, A Psalm of David.**

Another beautiful psalm from the heart of David.

**Psalms 40:1 ¶ I waited patiently for the LORD; and he inclined unto me, and heard my cry.**

**Psalms 40:2 He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, *and* established my goings.**

**Psalms 40:3 And he hath put a new song in my mouth, *even* praise unto our God: many shall see *it*, and fear, and shall trust in the LORD.**

David opens this psalm reflecting about how the LORD had answered his prayers. He notes that he had waited with an expectant heart (from Hebrew for “patiently”) for the LORD to respond. He praised the LORD for bringing him out of a place of danger and established him firmly in a safe and secure place. He had filled his heart with a new song of praise to God. David knew that many people would learn to trust and be in awe of the LORD by witnessing how He took care of David.

That is an important truth. Our lives can be a powerful testimony before others that make them want to personally experience a relationship with the LORD.

**Psalms 40:4 Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies.**

From personal experience, David declares that the man that trusts in the LORD is happiest. That man will have no respect for one who is proud or follows that which is false, e.g. idols.

Webster defines proud as: “Haughty and contemptuous or brutal in behavior or language; overbearing; domineering; grossly rude or disrespectful... characterized by insolence; insulting....”

**Psalms 40:5 Many, O LORD my God, *are* thy wonderful works *which* thou hast done, and thy thoughts *which are* to us-ward: they cannot be reckoned up in order unto thee: *if* I would declare and speak *of them*, they are more than can be numbered.**

I like the CJB for this verse: “How much you have done, *ADONAI* my God! Your wonders and your thoughts toward us — none can compare with you! I would proclaim them, I would speak about them; but there’s too much to tell!

God loves us and is ever acting in ways to bless us and draw us to Him in faith and obedience.

**Psalms 40:6 ¶ Sacrifice and offering thou didst not desire; mine ears hast thou opened: burnt offering and sin offering hast thou not required.**

**Psalms 40:7 Then said I, Lo, I come: in the volume of the book *it is* written of me,**

**Psalms 40:8 I delight to do thy will, O my God: yea, thy law *is* within my heart.**

David notes that the LORD has “opened his ears” and made him realize that sacrifice and offering aren’t what the LORD most desires; He desires our faith and obedience. David’s response is to declare that he delights to do God’s will so much that he has memorized God’s word. Again, the psalmist speaks of a personal relationship with God.

The writer of Hebrews, through the inspiration of the Holy Spirit, applied these words of David to Jesus.

*Hebrews 10:7–10 “Then said I, Lo, I come (in the volume of the book it is written of me,) to do thy will, O God. Above when he said, Sacrifice and offering and burnt offerings and offering for sin thou wouldst not, neither hadst pleasure therein; which are offered by the law; Then said he, Lo, I come to do thy will, O God. He taketh away the first, that he may establish the second. By the which will we are sanctified through the offering of the body of Jesus Christ once for all.”*

**Psalms 40:9 I have preached righteousness in the great congregation: lo, I have not refrained my lips, O LORD, thou knowest.**

**Psalms 40:10 I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation.**

David has boldly and publicly praised the LORD before the people. He’s publicly declared God’s faithfulness to him and the ways He has delivered him so many times. He has praised the LORD publicly for his lovingkindness and proclaimed the truth of God’s word before the people.

David’s actions reflect one whose heart is truly connected to God in a personal relationship. It is natural for the children of God to want to share with others their love for the LORD and their gratitude for all that He has done for them.

**Psalms 40:11 ¶ Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me.**

**Psalms 40:12 For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me.**

After spending time praising and thanking the LORD for all He has done for him, David asks that the LORD yet again show him mercy and compassion. He asks the LORD to continue to lovingly protect him. Once again, he is surrounded by evil and struggling with sin; he is overwhelmed to the point that he feels utterly forsaken.

**Psalms 40:13 Be pleased, O LORD, to deliver me: O LORD, make haste to help me.**

**Psalms 40:14 Let them be ashamed and confounded together that seek after my soul to destroy it; let them be driven backward and put to shame that wish me evil.**

**Psalms 40:15 Let them be desolate for a reward of their shame that say unto me, Aha, aha.**

David begs the LORD to deliver him quickly. He calls for the LORD to disappoint his enemies in their efforts to kill him or harm him. He asks that their taunting be for nought.

**Psalms 40:16 Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified.**

On the other hand, David prays for all that seek God as LORD to rejoice and be glad. It should be natural for those that love the salvation of God to continually praise Him for it. The LORD is great whether or not we magnify Him, but it is important for us to testify to His greatness by living in submission to Him.

**Psalms 40:17 But I *am* poor and needy; yet the Lord thinketh upon me: thou *art* my help and my deliverer; make no tarrying, O my God.**

David closes the psalm with the thought that though he is poor and needy, the LORD is watching out for him. He is confident that God will help him and deliver him from his enemies, but he pleads that God do so quickly.